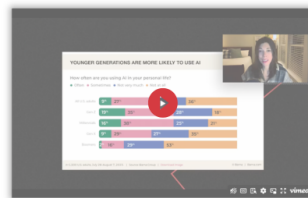


July 29, 2025

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Church leaders face a unique challenge: helping families navigate a digital landscape that increasingly shapes not just how young people communicate, but how they form their identities, relationships and faith. From education to spiritual formation, tech is becoming commonplace in many children's lives, and parents in U.S. congregations may feel unprepared for these challenges.

Teaching the next generation how to navigate tech well can feel overwhelming, but today's resources offer practical steps for both church leaders and parents to utilize as they approach digital discipleship with the next generation.



Watch

This Barna Minute looks at AI usage among U.S. adults as the technology is growing increasingly popular among younger generations.

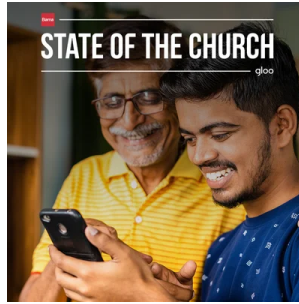
Watch Now



Listen

Rich Villodas talks with Jackie Hill Perry and Preston Perry about navigating the pull of technology, setting healthy family rhythms and keeping their marriage strong in the midst of ministry demands.

Listen Now



Read

This interview with Felicia Song, a longtime researcher of mass media and digital technology, provides insight and practical guidance for church leaders working with parents and teens.

[Read Now](#)

Additional Resources

[Parents Worry About AI But Know Little About It](#) →

Barna, in partnership with Gloo, is continuing to explore thoughts and feelings about AI and the wide-reaching implications of the technology.

[Heather Thompson Day on Gen Z & Digital Technology](#) →

In this episode of the [The Resilient Pastor](#) podcast, Dr. Heather Thompson Day (Associate Professor of Communication at Andrews University) discusses why Gen Z has such a desire for mentorship and relationships.



Barna Group provides Christian leaders with credible research and reliable insights to help them navigate a complex and changing culture.

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